



Bike Thru Burque

Kids Riding Challenge Checklist



Name _____ Date of Bike Ride _____

Put a check next to each item you get done!

- Ride wearing a helmet
- Ride with a sibling, cousin, or friend
- Ride with a parent or adult
- Ride to school
- Ride on a path closed to cars (like the Bosque Trail)
- Ride on a bike boulevard (like Silver Ave or Alvarado). Bike Boulevards have purple signs.
- Ride on a bike route (like Edith Blvd or Prospect Ave). Bike Routes have green signs.
- Ride to the park, library, or swimming pool, to get a paleta, or any place you love to go
- Ride wearing your favorite shoes or shirt, or mismatched socks
- Ride with a water bottle on your bike or in your backpack
- Ride with a healthy snack or lunch in your backpack
- Ride wearing something bright or reflective
- Put air into your bike tires
- Help fix a flat tire
- Learn how to adjust a bike seat
- Learn how to adjust your helmet
- Help clean your bike chain
- Ride a balance bike/strider bike
- Cross the street using a HAWK signal.
- Ride along an acequia
- Visit a table or play a game at CiQlovia

Make sure you have an adult's permission before going on a ride! When you are done with your ride, go to:
<https://bikethrurburque.com> to log your points online. You can also take a picture of this page and email it to

bikethrurburque@cabq.gov and we will log your points for you. You can also write notes or draw a picture of something you saw on your ride on the back of the page.